

Report dermatologists 2016

It was a successful year with regard to the aims of the Foundation. It was once again possible to provide training at various levels, to initiate and support research and to provide medicines, books and other aids wherever necessary and possible. The report of the involved dermatologists is given below.

The active work in 2016 was unfortunately undertaken only by one dermatologist, namely Dr. Ben Naafs. Dr. Migchiel Van Diggelen still remains an active informed member of the board and Dr. Han Go pursued activities in Malawi thereby helping a friendly Foundation. He remains interested in our Foundation.

The year began with the CME in Moshi where various Dutch dermatologists were present and where Dr. Naafs gave a lecture on the Epidemiology of leprosy. He supervised the presentations by residents in dermatology and those by the ADDV (ADDV is a 2 years course for 'community dermatologists' 'doctors'). The Foundation sponsored the Ethiopian dermatologist Dr. Frehiwot Daba to participate. She took the medicines, a gift via the Foundation of Rotary Amsterdam-South and from a Danish donor on her return journey to Ethiopia.

A meeting on a dermatology residency programme for East-Africa organized by Dr. Naafs was greeted by approval from those present, but received limited enthusiasm by the Principal of the RDTC, Dr. Mavura and the founder Prof. Henning Grossmann. The representatives of Malawi, Ruanda, Uganda, Kenya and the local Tanzanian dermatologists switched back to their intentions of considering individual national dermatology residency programmes.

In February/March Dr. Naafs co-operated in interim examinations and lectured in pharmacy as a substitute for the absent pharmacist Dr. Mafalda Sote Valdes. Dr. Naafs also supervised a Dutch resident in Dermatology (Marlous Grijzen).

An immunofluorescence microscope, a gift via Prof. William Faber (various donors) together with a contribution for transport costs from the Foundation was installed in March.

A three days CME of Dutch and Suriname dermatologists was held in Paramaribo in April. Dr. Naafs gave a lecture on the Clinical and Immunological aspects of leprosy reactions.

At the request of Dr. Valeska Padovesi, in May, Dr. Naafs co-operated with lectures in Athens during the EADV on the dermatological problems in migrants and also gave a lecture. In a totally different context, Dr. Naafs also gave a lecture on insect-bites during beach vacations.

From 22nd to 27th May, Samson Kiprono visited Professor Maarten Vermeer in Leiden at the laboratory that carries-out the DNA research work for his doctorate. Samson Kiprono was accompanied by Dr. Naafs and stayed at his house and his journey was partly financed by the Foundation.

In June, Dr. Naafs presented lectures on reactions in leprosy and on the spectrum of leprosy as compared with that in Leishmaniasis. This was partly sponsored by Italian dermatologists.

In July/August, Dr. Naafs returned to Moshi and together with Prof. Gail Todd conducted final examinations of the residents in dermatology and the ADDVs who had ended their training. Further work was conducted on the technique and the evaluation of the results of fluorescence microscopic studies with the earlier mentioned donated microscope.

In August, several African residents in dermatology visited Dr. Naafs at home in Munnekeburen. They were on a course in Germany.

In September, Dr. Naafs participated in the World Leprosy Congress, where he together with Dr. Narasimha Rao, had organized a session on Clinical leprosy with questions and answers. Together with Dr. José Garbino from Bauru, Brazil, Dr. Naafs presented a special lesson on the study and the treatment of nerve damage to the Chinese leprologists.

The European CME in Vienna followed, where Dr. Naafs had been asked to present his lecture on skin problems in immigrants once again and to discuss the impact of these skin problems on the

European public health. During this month he was also an opponent in Rotterdam during the public defence of a Ph.D. thesis on the treatment of leprosy reactions.

In November, Dr. Naafs once again departed to Brazil, first to Sao Paulo where Dr. Wagner Galvao, sponsored several times by the Foundation, did good work for the community, by treating psoriasis, leprosy and other dermatological abnormalities in the poor. In addition, he also had a well-running practice at one of the best private hospitals in Sao Paulo. Traditionally, he sees patients in Hospital das Clinicas, de Universiteit van Sao Paulo with Dr. Maria Angela Trindade, and teaches. He also teaches in Bauru. He participated in the Brazilian leprosy congress in Sao Luis, where presented a lecture on the pathophysiology of nerve damage.

Just before Christmas, there was a dermatology course for intending tropical doctors in Leiden. Accompanied by Mario, a leprosy patient who had been treated in the past by Dr. Naafs and supported financially by the Foundation, Dr. Naafs gave a lesson on leprosy and its impact on the daily life.

World-wide teleconsultations, around thirty per month were answered during the whole year.

Publications in 2016

1. de Souza VN, Iyer AM, Lammas DA, Naafs B, Das PK.

Advances in leprosy immunology and the field application: A gap to bridge.
Clin Dermatol. 2016 Jan-Feb;34(1):82-95. doi: 10.1016/j.clindermatol.2015.10.013
Epub 2015 Nov 6. PMID:26773628.

2. Naafs B, van Hees CL.

Leprosy type 1 reaction (formerly reversal reaction).
Clin Dermatol. 2016 Jan-Feb;34(1):37-50. doi: 10.1016/j.clindermatol.2015.10.006.
Epub 2015 Nov 11. PMID: 26773622.

3. Grijsen ML, Mtayangulwa RG, Naafs B, Jansen P, Vermeer MH, Mavura D, Masenga EJ, Willemze R.

The clinical spectrum of mycosis fungoides in Tanzania, East-Africa.
Br J Dermatol. 2016 Aug 16. doi: 10.1111/bjd.14963. [Epub ahead of print].

4. Naafs B, van Hees CLM, van Ingen J.

Mycobacterial (Skin) Infections
In book: Antibiotic and Antifungal Therapies in Dermatology. (Eds: J.H. Olafsson, RJ Hay) Springer Verlag Switzerland 2016 Chapter 6:.81-139 DOI: 10.1007/978-3-319-39424-4_6.

5. Van Hees CLM, Naafs B.

Cutaneous leishmaniasis
Antibiotic and Antifungal Therapies in Dermatology, (Eds: JH.Olafsson, RJ Hay) Springer Verlag Switzerland 2016 Chapter 11 291-338.